

SOUTHERN ASSOCIATION OF DANCE MASTERS

STUDY GUIDE FOR BALLET EXAM

SOURCES – Technical Manual – Dictionary of Classical Ballet by Gail Grant

Texas Association Blue Book – This is available through S.A.D.M.

It can be purchased at conventions for \$30.00 or mailed to you for \$35.00 including postage.

1. Student will identify (state English equivalent) and define the following French terms:

adagio	demi-pointe	jete
en l'air	dedans (en dedans)	ouverte
allegro	dehors (en dehors)	pas de chat
en arriere	derriere	pas de bourree
arabasque	dessous	sur les pointes
assemble	dessus	plie
a terre	detourne	port de bras
attitude	a droit	releve
avant (en avant)	echappe	rond de jambe
barre	eleve	renverse
bas (en bas)	epaule	saute
batttement	entrechat	sissonne
bourree	ferme	soutenu
bras	fondue	sous-sous (sous-sus)
cambre	frappe	saut de basque
chaîne	fouette	temps leve
chasse	a gauche	tendu
cou-de-pied (sur le)	glissade	tour
coupe	grand plie	
degage	en haut	
demi-plie	jambe	

2. Student should be able to list and execute at least four types of turns: ex. chaîne.
3. Student should be able to identify, define and execute the eight body positions (Cecchetti): ex. Croise devant (crossed front).
4. Student should be able to draw a stage and label the eight fixed points (Cecchetti) and all stage directions including the audience.
5. Student should be able to execute the five basic positions of the feet with the appropriate port de bras.
6. Student should be able to list and execute at least four allegro steps: ex. assemble.
7. Student will be given two ballet combinations to read and then perform.