

**BALLET**  
**EXAMINATION**  
*study guide*



*Please refer to the following source(s) for information:*

*Technical Manual and Dictionary of Classical Ballet by Gail Grant*

*Examination questions may include, but not be limited to, the following subject areas:*

- Names and contributions of those who have influenced ballet dance
- Elements of movement (French verb and its meaning in English)
- Linking movements
- Class structure and elements of typical ballet class
- Types of barre exercises
- Explanation and importance of turnout
- French ballet terms and English translations
- Definitions of basic ballet elements, steps, or movements
- Types of allegro steps
- Types of ballet turns
- Basic stage directions
- Common mistakes experienced during execution of barre exercises

*Be prepared to do the following:*

- Name and demonstrate the eight body positions, Cecchetti Method
- Name and demonstrate the five basic positions of the feet, including corresponding port de bras.
- Demonstrate several ballet movements, steps, jumps, and turns
- Read and demonstrate a specified ballet combination